

Tuba/Euphonium Daily Routine

Skill	Daily Requirement	Choose From
Breathing	1-5 exercises	Breathing Gym, Breath Builder, PowerLung, Yoga, etc
Scales	All Majors, All Minors, 12 Chromatics per day Blues, Octatonic, Pentatonic, etc as needed or desired	TTU Technique Exercises, Bell Scales, Clarke Studies, Arban Scale Studies, Aebersold Major/Minor
Legato	1-2 exercises per day	Clarke, Concone, Cichowicz, Rochut/Bordogni, Bai Lin, Arban Melodic Studies, Snedecor, Charlier, Bach Cello Suites, James Stamp Warm-Up, Bell Scales
Low Register	1-2 exercises per day	Rochut/Bordogni, Arban Interval Studies, Blazhevich (euph), Grigoriev, Kopprasch (euph), Snedecor, Bach Cello Suites, Bell Scales
High Register	1 exercise per day	Rochut/Bordogni, Bai Lin, Arban Melodic Studies, Arban Interval Studies, TTU Technique Exercises, Bach Cello Suites
Phrasing	1-2 exercises per day	Rochut/Bordogni, Arban Melodic Studies, Blazhevich, Grigoriev, Snedecor, Charlier, Bach Cello Suites
Intonation	1 exercise per day	Cox Intonation Exercise, Intonation/Articulation exercise, Long tones w/tuner, TuneUp or other CD, Aebersold Major/Minor, James Stamp w/CD
Performing	1-5 exercises per day played with no stops	Band/Orch Excerpts, Any etudes, Any solo repertoire
Repertoire	Focused preparation every day: Set goals, make a plan, execute the plan	All solo, etude and audition repertoire currently assigned
Listening	Attentive, focused listening to music in various styles and genres for at least 30-60 minutes	KOHM programs, CD's, mp3's, car stereo, listening library, live recitals/concerts